

Nordic Challenge

SWIX

Wax Report

Event: Lake Catamount ~2/16/08 ~ 9am start

Weather Outlook:

Over night low~ 4 F @ 6am

Day time high~ 32 F @ 2pm

Race start temp.~ 17 F

Race start humidity- 62% and dropping

Snow characteristics- Newer

Notes- Cold skis/fine to medium grind

Glide Wax Recommendation:

Speed at all cost:

Base= MB77- moly flouro base

Top Layer= HF7

Finish Layer= FC7

Colder option:

Base= LF6

Top Layer= HF6

Finish layer= FC1 - rubbed on,quick iron,cork,brush with horse hair

Speed for less \$'s:

Base= CH 6

Top Layer= LF6 x 2

Kick Wax Recommendation- Iron in VG35 base binder , smooth with cork. 6 layers of VR45, cool, then gently cover with VR40

